



Abingdon Primary School

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Dear Parents

Next Friday, 8th March, Freddy Fit will once again be coming to school to deliver fun physical activity sessions to each year group. This time parents/carers/grandparents are also invited to come along and join in and it would be great to see as many of you as possible getting involved. Freddy Fit has been coming into our school for the past 5 or 6 years and all the children really enjoy his sessions, which are all about getting moving, healthy eating and above all having fun!

The timetable for the day is as follows:

Friday 8th March 2019 - Children & Parents

9.00am to 9.45am - **Reception & Year 1 Squirrels**

9.45am to 10.30am - **Year 1 Hedgehogs & Year 2 Rabbits**

10.30am to 11.15am – **All Year 5 & Year 6**

1.30pm to 2.15pm - **Year 3/4 Kites & Year 4 Owls**

2.15pm to 3.00pm - **Year 2 Foxes & Year 3 Falcons**

Thank you

Mrs Lamb (PE Lead Teacher)