

# **RED TIGER KARATE CLUB**

*Family karate and self defence classes for both children and adults*

[www.redtigerkarateclub.co.uk](http://www.redtigerkarateclub.co.uk)

## To Parents/Guardian,

A School demonstration was held today to let all the pupils of *Abingdon Primary School* know that **RED TIGER KARATE CLUB** are inviting new beginners to join our karate and self defence classes. The good news is that we are bringing the fun to you. Our classes will run every Tuesday evening from 6.30pm-7.30pm right here in your School Hall. The class will start on Tuesday 19th March 2019. We would like to invite all pupils aged 4 and above to get involved in this fantastic sporting activity. Be quick to book your place as there are a limited number of spots available on our Beginners' Introductory Course for those interested in benefiting from the following:

- Learning basic self defence techniques (blocks, strikes and kicks)
- Improved fitness, flexibility and self confidence
- Better co-ordination
- Making new friends and having fun whilst you learn
- Starting on that road towards the **BLACK BELT!!!!!!**
- Above all, we strive to improve our students' motivation and self discipline!

We are offering the families of *Abingdon Primary School* a great opportunity to become part of our club. There are no joining fees or direct debits; you simply pay as you go for the classes you actually attend. Classes are priced at **£6.00** per student per session (this is reduced to **£5.00 each** if two people in the same family train together and is reduced to **£4.00 each** for three or more in the same family are training together). Parents and older siblings are also welcome to train and classes are always open throughout the School Holidays.

As with all reputable martial arts clubs, you are required to have a license to practice karate. All Red Tiger students are licensed through JKS England at the cost of £22 per person. There is no need to buy a license straight away. You may try out our classes for the first 4 weeks to see if you like it. After this trial period you can obtain a license through your Class Instructor. You don't even need a karate uniform to begin with. Just wear something loose and comfortable.

The Class Instructors are Rob Head Sensei and Kath. All of our Instructors are friendly, well experienced and excellent with beginners. Rob and Kath have both been DBS checked, first aid and child protection trained. Feel free to check out our website at:

[www.redtigerkarateclub.co.uk](http://www.redtigerkarateclub.co.uk)

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If you would like to enrol your son/daughter onto our Beginners' Introductory Course we would ask that you complete the reply slip below and return it to the School office. We will allocate 20 places on a first come first served basis. Reply slips received after this will be placed on our waiting list.

Name(s): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Your contact number: \_\_\_\_\_

Address & Postcode: \_\_\_\_\_

Relevant Medical info: \_\_\_\_\_

***Abingdon Primary School: 6.30pm-7.30pm – starts Tuesday 19<sup>th</sup> March***