



Abingdon Primary School

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Newsletter Friday 6th October 2023



Dates for your diary:

Monday 2nd October – Commencement of Black History Month

Friday 6th October – Cerebral Palsy Awareness Day (Children to wear green)

Monday 16th October - Harvest assembly (more details to follow)

Wednesday 18th October – Film Night Fundraiser tbc and details to follow

Friday 13th October - Thumbs up Friday 8.45 until 9.10

- Abingdon Café 9- 10am

- Freddy Fit (children to wear own sports clothes)

Friday 20th October - Finish for Half term

The nights are drawing in and the weather is definitely feeling a lot more autumnal! I can't believe that we only have two more weeks before our first half term break. Every week in a school is busy, and this week has been no different. We have had National Poetry Day, sports ambassador training and some very special visitors. I would like to say how proud I have been of our children and community throughout this busy week.

Weekly Wellbeing Challenge:

The weather hasn't been great this week and sometimes getting out and about and getting fresh air isn't always feasible. So how can we decompress and be mindful without leaving our homes?

- Catch up on sleep - When you are sleep deprived, your body can't function properly. Your anxiety spikes up, your good mood goes out the window, and your energy levels are completely depleted. Nothing productive or enjoyable can come out of a sleep deprived brain. Use this day to focus on yourself and nap the afternoon away. Transform your bedroom into a sleep sanctuary if you need to. Light some candles, spray some lavender scent, use clean sheets, clean pyjamas, make sure everything is perfect for a great deep restful sleep. You'll feel a thousand times better when you wake up.

- Home spa day - If you don't want to take a nap or catch up on sleep because you don't want to disrupt your sleeping patterns then go for a home spa day. This is the best time to take care of your body the way it deserves. Take a big bubble bath and relax. Wash your hair and put a mask on. Do a small at home facial with a good cleansing, hydrating and rejuvenating routine.
- Read a good book - Sit down to read a good book. Reading a book, either a fictional or non-fictional one, can inspire us and motivate us to get up and do more in our lives. Even for the sheer entertainment, reading a good book can make you happier and make you daydream.
- Do yoga and meditate - Yoga can be a great way to get moving. It can tone up your muscles, help you relax, boost your metabolism, it'll help you sleep better, etc. After a yoga session you can always follow it up with some meditation. This way you'll get the added benefits of the light workout, with the relaxation and peacefulness of the meditation.



OFSTED Visit

On Wednesday and Thursday this week, we were visited by His Majesty's OFSTED inspectors. They spent two days with us visiting lessons, talking to children, staff and parents; Listening to children read; visiting lunchtimes, after school club and breakfast club. They met with lots of our teachers and our governors and looked at our processes and routines in school. We had three inspectors on the first day and two on the second day. We are not able to share the outcome of the visit with you at the moment, but once we received the final report we will share with our community. Thank you to the staff for all their efforts during the two days, and thank you to the parents who completed the parent view questionnaire and spoke to the inspectors. One thing they did say was how wonderful our children are!!

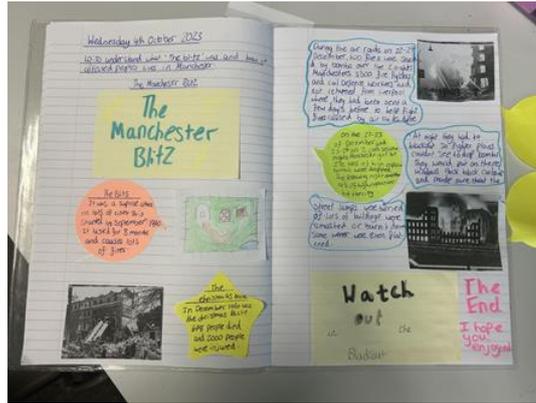
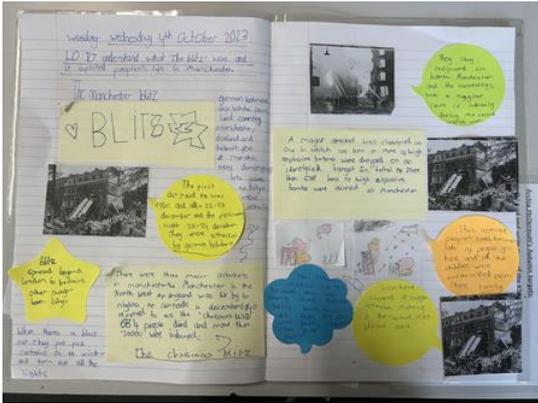
Sports Leader Training

On Monday a number of our Yr 2 children took part in Sports Leader training. They were very responsible throughout and made us so proud. Hopefully, they will be sharing what they learned with their peers in the near future.



Curriculum

Our Upper KS2 children are currently learning about WWII. This has really captured their interest and we are already seeing some amazing pieces of writing from them. Here are a few examples of writing from Yr5.



National Poetry Day

Thursday was National Poetry Day. The children looked at poems across the school based on the theme of refuge, and created their own poem. At the end of the day, the school met to share some of the poems that had been written. There were some very poignant and emotional poems read out by the children. It was very heart-warming! Our younger children thought about what makes them feel safe. Below is one of the recommended poems, followed by Hedgehogs class poem.

 National Poetry Day

My Treasures

by Kate Wakeling

These are treasures that I keep
I hold them close before I sleep

A silver coin,
a twisty shell,
a leaf that has a lovely smell,

a birthday badge,
an apple pip,
a very shiny paperclip,

an acorn cup,
a curly straw,
the key to a forgotten door.

These are treasures that I found
I keep them safe,
I keep them sound.

These are treasures that we keep
We hold them close before we sleep

My silver trophy
My super cool switch
The place I play upon the pitch

My blue tablet
My soft cat
A funky baby shark hat

A sparkly tiara
A bunny ring
These are all my favourite things

These are treasures from our class
They are from our present
And our past

Cerebral Palsy Awareness Day

Today is Cerebral Palsy Awareness Day. It was lovely to see the children and staff wearing green in recognition of the work that is done to support people with cerebral palsy. All money donated will be given to Stick 'n' Step which is a charity that works with children and young people with cerebral palsy, and their families, from all across North West England and North Wales.

Free School Meals

A reminder that families can apply for Free School Meals via this link: <https://www.stockport.gov.uk/free-school-meals/apply-school-grants-free-school-meals> - all you need is your NATIONAL INSURANCE NUMBER. If your child has just gone into year 3 they will no longer be on Universal Free School Meals, so if you think you might qualify please apply as soon as possible.

Even if your child is in Reception, Year 1 or Year 2, it is beneficial to apply for Free School Meals as your child can also access a range of other benefits and school help supplement some additional provision for you and your child(ren).

If you would prefer to apply using a school computer/internet, that is no problem and we can arrange a private area with a computer for you to apply. Just ask at the office, call 0161 480 4531 or email admin@abingdon.stockport.sch.uk.

School Uniform

The children look so smart this week. Thank you all for your support with this, looking smart and being ready with all the right things make such a difference to learning.

Please make sure **names are in all items of clothes** – especially cardigans/jumpers and coats! It is impossible to find lost items without this.

White polo shirt

Red cardigan/jumper – with or without logo (**NO other jumpers**)

Black/dark grey trousers/shorts/skirts/pinafores

Black shoes or all black trainers (no colour variations accepted)

PE Kits for PE days

White t-shirt and black shorts/joggers with school jumper. (**NO other jumpers/PE kits!**)

School Lottery

For those families new to school, we have a school lottery that is run by the website below. Every ticket sold provides much needed funding for our school.

If you would like to take part please do sign up using the link below. Thank you.

<https://www.yourschoollottery.co.uk/>

The Super Draw is here... and the prizes are BIGGER and BETTER than ever! This weekend's big Super Draw prize is an amazing Harry Potter double prize bundle - a Family trip to the Warner Bros Studio Tour, AND 4 tickets to see Harry Potter and the Cursed Child at the Palace Theatre!

Our new Super Draw gives people new and exciting ways to play – instead of committing to weekly tickets, supporters can choose to just buy tickets for the Super Draw week, meaning more flexibility and less commitment, whilst still supporting ABINGDON PRIMARY SCHOOL. Existing supporters can even choose to TOP-UP their tickets just for this weekend's draw!



How the lottery works

<p>£1 per ticket </p> <p>That's right, unlike many other lotteries, our lottery tickets are only £1 per week.</p>	<p>Help us do more</p> <p>For every ticket you play, 76% goes to our school and prizes.</p> 	<p>£25,000 grand prize </p> <p>Match all 6 numbers and you win the JACKPOT!</p>
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Attendance:



- ★ The class with the highest overall attendance each week will have the opportunity to 'spin the wheel'! The wheel has lots of different choices on – some of these have been updated this year by the children.
 - ★ Each class who achieves 97% or higher each week, or who show great improvement, will have an extra playtime the following week.
 - ★ **ALL children who have over 95% attendance for the year, or who show good improvement of attendance, will receive an end of term certificate and treat.**
- Attendance monitoring includes broken weeks and lateness. You **MUST** contact school if your child is late or absent.

The class with the highest attendance this week was: **Y1/2 Squirrels with 98.1%**

They have won 'games in class!!!' as a special treat from the wheel, as well their extra playtime next week.

No other classes had over 97% this week.

Hot chocolate

Each week we invite a child from each class (who is chosen for being a role model for behaviour) to come and have hot chocolate and marshmallows with the headteacher. It is definitely my favourite time of the week! It was lovely to hear today why the children were chosen. (Reception will join in after half term)

During this time Ms Spendlow and Ms Flanders collect children's voices about particular aspects of our school, again this is so that we can continually build on the good things that happen in our school to make it even better. This week we simply asked them why they had been chosen, here are some of their responses.

I was chosen because I've been kind to everyone

I was because I have worked hard on my reading

I was chosen because I follow the core values



Gold Table

Children are chosen by their midday supervisors for their lunchtime behaviour. Each Friday we have a 'Gold table' in the hall and the children sit with me and have their lunch, they also receive a prize from the 'Gold Box'.
Otters – Tyler, Badgers – Sienna, Hedgehogs – Kye, Squirrels – Jennifer, Foxes – Phoebe, Falcons – Anna, Kites – Ethan, Owls - Honey-Leigh, Kestrels – Harry L, Merlins – Regan, Hawks – Torres, Ospreys -Ruvindi

Class Stars of the Week

Each week children are chosen for showing our core values. We award certificates in Celebration Time each Friday. Well done to all our stars:



Year 1 Hedgehogs: Melody
Year 1/2 Squirrels: Sudaysah
Year 2 Foxes: Isaac
Year 3 Falcons: Jacob H
Year 3/4 Kites: Conor
Year 4 Owls: Lillie-Mae

Year 5 Kestrels: Freddie
Year 5 Merlins: Ella
Year 6 Ospreys: Finley
Year 6 Hawks: Alexi

Golden Broom

Reception Otters won the Golden Broom this week for having the tidiest classroom. Well done for setting a fantastic example to others.

The Golden Broom is awarded by Mr Bosson (Site supervisor) .



Finally, I would like to wish you a lovely weekend, and thank you for all your support.

Ms Spendlow

Headteacher

Holiday Dates 2023-2024

Autumn term

Monday 4th September	INSET
Tuesday 5th September	INSET
Wednesday 6th September	Back to School
Friday 20th October	Finish for half term holiday
Monday 30th October	School returns
Friday 22nd December	Finish for Christmas

Spring term

Monday 8th January 2024	INSET
Tuesday 9th January	School returns
Friday 9th February	Finish for half term holiday

Monday 19th February
Thursday 28th March

School returns
Finish for Easter

Summer term

Monday 15th April
Monday 6th May
Friday 24th May

School returns
May Day Holiday
Finish for Whit holiday

Monday 10th June
Friday 26th July
Monday 29th July
Tuesday 30th July

School returns
Finish for summer holidays
INSET
INSET

Covid-19 advice

- Children with mild symptoms of a respiratory infection include covid-19 but are otherwise well should continue to attend school. They should stay home if they have a high temperature and are unwell, and can return to school when they no longer have a high temperature/feel well enough.
- It is not recommended that children should have a covid-19 test unless directed to by a health professional, but if a child under 18 does test positive, **they should stay off school for 3 days after the day they took the test. They can return to school after the 3 days if they are well enough.**

The isolation period for COVID-19 is 6 days with a negative LFD test (24 hours apart on day 5 and day 6). See the link below for more information

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

School advice is still:

If your child is displaying any of these COVID related symptoms

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

or

if your child receives a positive lateral flow test, **they should remain at home until they are feeling well again.**

Please inform school if anyone in your child's household tests positive for Covid-19.