



Respectful, Responsible, Resilient Learners.

## **Physical Education Intent, Implementation and Impact**

**Reviewed: January 2024**

**Next Review: January 2026**

### **Intent**

At Abingdon Primary School, we believe that Physical Education should be fully inclusive to every child. Physical education (PE) is a compulsory part of the curriculum for all pupils at every Key Stage, from age four to 16. At our school we view PE as a fundamental component of the creative curriculum. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.

At Abingdon we aim to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. We provide opportunities to compete in sport and other activities which build character and help to embed values such as fairness and respect.

We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school. Children are encouraged to represent the school at sporting events at a local level. Alongside this, we share sporting achievements both in and out of school in our Celebration assemblies, so that we are promoting sports and activities, as well as celebrating all levels of success. We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and to have the skills to self-rescue in the water, which are key life skills.

At Abingdon we believe that Physical Education experienced in a safe and supportive environment is a vital element in a pupil's physical and emotional development. High quality Physical Education also promotes pupil health and contributes to our whole school ethos. Physical Education is the only subject in the National Curriculum concerned with the physical well-being of the child and also contributes significantly to the personal, cognitive, creative and social child. We believe that Physical Education and School Sport can have a positive influence on the concentration, attitude and academic achievement of all our children.

## Aims

- ✓ To aid our children's physical development and fitness, building stamina, suppleness and strength.
- ✓ To promote a positive, enthusiastic and committed attitude to Physical Education through fun and enjoyable lessons and activities.
- ✓ To develop the skills, knowledge and understanding children need to take part in sport successfully.
- ✓ To encourage pupils to become willing participants and value the contribution that Physical Education and exercise can make towards their health, well-being and lifestyle.
- ✓ To develop in each child an appreciation of physical and creative performances within and through movement.
- ✓ To develop an ability to plan a range of movement sequences, organise equipment and apparatus, and begin to design and apply simple rules
- ✓ To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement-based activities.
- ✓ To assess and make judgements on their own and other's performances.
- ✓ To develop communication skills, encouraging the use of correct terminology.
- ✓ To provide opportunities for active learning through observation, demonstration and problem-solving.
- ✓ To promote understating of safe practice in all activities.
- ✓ To focus on individual success in order to build pupil's self-confidence and self-esteem.
- ✓ To be able to take part effectively on their own, with partners and in groups both in competitive and cooperative situations.
- ✓ To appreciate the importance of fair play and of abiding by the rules and codes of conduct in all activities.
- ✓ To encourage involvement in extra- curricular activities and develop community and club links.
- ✓ To help our children develop physical competence and have the desire to improve their performance so they are able to make informed decisions about the value of exercise.

## Implementation

### Provision and Delivery

We aim to provide two hours of PE per week per year group. One hour is game based and is delivered by Mr Rowe (HLTA), the class teacher delivers the other hour in gymnastics and dance. This is supplemented by our 'Active Lunchtime' activities and a broad offer of active clubs beyond the school day, delivered by a range of school, community and club providers.

Swimming lessons are provided by Grand Central Swimming baths. Children in Year 5 swim once a week during the Autumn Term, Year 3 swim once a week during Spring term and Year 4 swim once a week during the Summer Term.

## Planning, Continuity and Progression

The curriculum promotes physical development, knowledge and understanding in the Early Years Foundation Stage and at Key Stage 1 & 2, through six activity areas in line with the National Curriculum:

- Dance
- Gymnastics
- Games
- Athletics
- Swimming (Y3, 4 and 5.)
- Outdoor and adventurous activities

The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. This is tracked by the PE Co-ordinator and used as handover for transition at the end of the academic year so that the new class teacher is aware of what the class has already been taught and to identify any areas that need further development.

The progression grid shows the progression of skills across the Year groups in each area of PE. Teachers use and adapt planning and resources to ensure lessons across years show progression.

For Medium-Term planning we use Primary PE passport units.

## Continued Professional Development.

A PE specialist provides curriculum support and continued professional development for staff to aid, develop and sustain the delivery of high-quality Physical Education. The school has access to further INSET through the Stockport Schools Health, Activity, PE and Sport Alliance (SHAPES).

## Health and Safety

- Teachers establish codes of practise and rules in line with Stockport Council guidance.
- All children must be suitably dressed
  - earrings removed and no other jewellery worn
  - long hair should be tied back
- It is essential to ensure that pupils have the necessary strength and skills to undertake tasks.
- Fixed and portable equipment is inspected annually by an outside approved agency.
- Apparatus should be properly set up, stable, well-spaced and checked by teachers before use.

- Pupils need to be taught to handle equipment safely when lifting, carrying and placing it.

### Extra-Curricular Programme

We offer an extensive range of extra-curricular opportunities for all pupils. We aim to offer all children the opportunity to: -

- participate in a wider variety of physical activities,
- develop more advanced skills in specific sports,
- take part in intra and inter school competition

This involves using existing staff expertise, Adults Other Than Teachers with suitable experience and coaches from the Stockport Approved Coaches Register.

### Leadership

Young Ambassadors, elected from Years 2,3,4, 5 and 6 play a key role in encouraging participation by organising Challenge Weeks/festivals/events for all pupils to get involved in and promoting their activities through assemblies and displays.

Opportunities exist for developing leadership during Physical Education lessons throughout KS1 and KS2 and children are rewarded through the Stockport Leadership Award.

### Active Playgrounds

We are working towards raising activity levels by involving all pupils in 20 minutes of structured activity led by midday supervisors each lunchtime.

This project aims to improve behaviour, reduce the number of playground incidents and lead to more focused learning after the lunch break.

### Competition

We aim to offer Level 1 (intra class) and Level 2 (inter school) competitive opportunities to all our pupils.

We access a wide range of competitions in our local area, hosted at high schools, primary schools and local community club sites. Pupils from Year 1 -6 have the opportunity to represent their school in inter school leagues, tournaments and festivals.

## Assessment

Assessment takes place at the end of each term using activity milestones that progress towards the end of key stage requirements. This assessment tool is used to inform future teaching and planning and is a record of pupil achievement.

## Resources

The PE and Sports premium is used to provide quality resources for all areas of PE which are centrally stored and regularly audited by the PLT.

## **Impact**

At Abingdon Primary School, we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. All children are provided with the necessary skills and given opportunities to demonstrate improvement to achieve their personal best. Our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise.

## Roles and Responsibilities

The Headteacher has responsibility for:

- ensuring that this policy is being implemented, and that it is congruent with national policy and the guidance from the Local Authority,
- ensuring that equipment is inspected annually and that risk assessments are reviewed annually or following an incident,
- accounting for the allocation and spending of the Primary Physical Education and Sports Premium Funding and displaying this information on the school website.

The Governing Body is responsible for ratification and approval of the Physical Education policy.

The PE Coordinator has the responsibility for:

- Reviewing and developing the PE policy on a two-year cycle.
- Supporting teaching and support staff through staff meetings, training sessions, 1:1 support for planning, CPD provision and the provision of quality resources.
- Monitoring the quality of teaching and learning in PE across the school through learning walks and lesson observations.
- Monitoring assessment data.

- Maintaining a good knowledge of current thinking in PE through research, attending subject leader meetings and liaising with the Specialist Teacher of PE.
- Providing and maintain a PE noticeboard.
- Ensuring the PE and Sports premium is used appropriately and sustainably to provide high quality teaching of PE, engage all pupils in regular physical activity, provide opportunities for a broader range of activities on offer and for competitive sport, and to raise the profile of PE and whole school improvement.
- Evidencing and publishing the impact of the PE and Sports premium.

The class teachers are responsible for the delivery of high-quality Physical Education to their class and for assessing their pupils' achievement formatively and summatively in line with National Curriculum requirements and school policy.

### SEND and Inclusion.

Using the SEND code of practice, Local and National guidance to inform our curriculum enables personalisation and equitable delivery of learning for all children regardless of need.