



Respect, Responsibility, Resilience

Personal, Social, Health and Economic Education (PSHE) Policy

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### **PSHE Intent**

At Abingdon Primary School we believe that children are all individuals and therefore, we encourage our three core values: Respect, Responsibility and Resilience in a happy and caring atmosphere. The teaching and learning of PSHE supports and upholds this vision.

PSHE deals with the diverse beliefs, values and attitudes that individuals and societies hold. They help pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. PSHE helps children to acquire British values and attitudes which are necessary if they are to make sense of their experiences within school and life itself, value themselves, respect others, appreciate differences and diversity and feel confident and informed as a British citizen.

Alongside DfE Guidance (2019), here at Abingdon, we recognise that children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

Additionally, at Abingdon, we want the subjects like PSHE to put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This sits alongside the essential understanding of how to be healthy.

PSHE presents a huge opportunity to help the children and young people at Abingdon develop as individuals. The knowledge and attributes we believe the children will gain through PSHE, will support their own, and others' wellbeing and attainment, allowing them to become successful and happy adults who make a meaningful contribution to society.

Our PSHE Scheme, Jigsaw PSHE, contains an update policy which ensures we are always using the most up to date teaching materials and our teachers are well-supported in their delivery of PSHE lessons.

At Abingdon, Jigsaw helps us cover all areas of PSHE for the primary phase including statutory Relationships and Health Education.

The table below gives the learning theme of each of the six Puzzles (units). These are taught across the school with the learning deepening and broadening every year.

| <b>Term</b>     | <b>Puzzle Piece (Unit)</b>    | <b>Content</b>  |
|-----------------|-------------------------------|---|
| <b>Autumn 1</b> | <b>Being Me in My World</b>   | <i>Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.</i>           |
| <b>Autumn 2</b> | <b>Celebrating Difference</b> | <i>Includes anti-bullying (cyber and homophobic bullying included) and understanding</i>  |
| <b>Spring 1</b> | <b>Dreams and Goals</b>       | <i>Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society</i>              |
| <b>Spring 2</b> | <b>Healthy Me</b>             | <i>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise</i> |
| <b>Summer 1</b> | <b>Relationships</b>          | <i>Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss</i>      |
| <b>Summer 2</b> | <b>Changing Me</b>            | <i>Includes Relationships and Sex Education in the context of coping positively with change</i>   |

At Abingdon we also have a Sex and Relationships curriculum (SRE). These are taught as part of a spiral curriculum and build upon the previous year's learning and link to the national curriculum objectives for Science.

At Abingdon, we are aware that PSHE education should not exist in isolation and instead should be part of a whole school approach. It is for this reason, that through our Creative Curriculum and Science curriculum, we provide children with a variety of opportunities to make links to other areas of learning and explore a wide range of social, moral, cultural and behavioral issues.

Our whole-school assemblies and activities help to develop the children's learning and understanding in areas including E-Safety, Anti-Bullying and Charity. Through these and our PSHE curriculum, we believe we can enhance children's education and help them become caring, respectful and confident individuals, who can be part of a diverse community and have a voice which empowers them for life and learning.

## **Implementation**

At Abingdon Primary School, we teach Personal, Social, Health Education as a whole-school approach to underpin children's development as people and because we believe that this also supports their learning capacity and use Jigsaw PSHE as our scheme.

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across the school; the learning deepens and broadens every year.

The Jigsaw Programme offers us a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children's learning in this vital curriculum area.

This also supports the "Personal Development" and "Behaviour and Attitude" aspects evaluated under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children.

At Abingdon Primary School we allocate 1 hour to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way. Class teachers deliver the weekly lessons to their own classes.

PSHE will be also be provided through, assemblies, class discussions when issues arise and through whole school learning weeks, which include: Children's Mental Health Week, My Money Week and Anti-Bullying Week etc.

We seek to provide a safe, secure learning environment for PSHE that enables children and young people to gain accurate knowledge, develop their own values and attitudes, and develop skills to grow into happy, confident, successful adults. We promote the needs and interests of all pupils, irrespective of gender, culture or background and the children's age, ability and readiness is all considered. We respect pupils' unique starting points by providing learning that is suitable to their level, considering their age, maturity and how emotionally secure they are.

Additionally, we include the statutory Relationships and Health Education within our whole-school PSHE Programme.

To ensure progression and a spiral curriculum, we use Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme and tailor it to children's needs. The mapping document: Jigsaw 3-11 and statutory Relationships and Health Education, [jigsaw-3-11-and-rshe-overview-map.pdf \(windows.net\)](#), shows exactly how Jigsaw and therefore our school, meets the statutory Relationships and Health Education requirement and the programme's complimentary update policy ensures we are always using the most up to date teaching materials and that our teachers are well-supported.

## **British Values**

As a school we promote British values to ensure that our children leave school prepared for life in modern Britain. We support the values of democracy, rule of law, individual liberty, mutual respect and tolerance of different faiths and beliefs.

Through aspects of school life such as voting for school council members and assemblies alongside in PSHE lessons, these values are embedded within our curriculum. We aim to teach the children about our values, respecting similarities and differences, tackling stereotypes and understanding why some people discriminate.

We aim to empower children to have a voice and to stand up against discrimination, valuing equality, tolerance and mutual respect.

## **Impact**

We firmly believe that a meaningful PSHE curriculum is the key to children becoming confident, tolerant and well-rounded individuals and future adults. Children can approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life.

From exposure to a range of global issues and problems, children can build up tolerance and a sense of responsibility of being a global citizen.

Through the teaching of our PSHE curriculum children can understand the different lifestyles that people may lead and be respectful and accepting towards those leading different lives to themselves.

We measure the impact of our curriculum through the following methods:

- Assessing children's understanding of topic linked vocabulary throughout lessons and at the end of a unit.
- Summative assessment of pupil discussions after their learning.
- Informal teacher assessments through observations during lessons.
- Pupil voice interviews linked to PSHE lessons.
- Book looks - a monitoring of class floor books.
- Half-termly book looks where teachers can look at the work being done in the other year groups/classes.
- Annual reporting of standards across the curriculum.

At Abingdon we have clear expectations of what the pupils will know and understand at the end of each year and key stage.