



| 2025-2026       | ABINGDON PRIMARY SCHOOL –<br>PE Yearly overview Cycle A               |  |        |  |  |   |                    |
|-----------------|---|--|--------|--|--|---|---|
| CURRICULUM AREA | FS  | YEAR 1   | YEAR 2 | YEAR 3   | YEAR 4   | YEAR 5  | YEAR 6  |
| <b>Autumn 1</b> | <b><u>All About Me!</u></b><br><br>Games –Intro to PE 1               | <u>The Great Fire of London.</u>   |        | <u>Eureka!</u>   |  | <u>Behind Enemy Lines</u>   |   |
|                 |   | Dance – Y1 Pirates lessons 4, 5, 6<br>-Y2 Jack Frost lessons 10,11,12<br>Games – invasion Games (Y1)                   |        | Dance – Y3 Machines lessons 1, 2, 3<br>-Y4 States of matter lessons 7, 8, 9<br>Games – Basketball (Y3) |  | Swimming<br><br>Games – Netball (Y5)  | Yoga (Y5)<br><br>Games -Netball (Y5)  |
| <b>Autumn 2</b> | <b><u>Festivals and Celebrations</u></b><br><br>Games – Intro to PE 2 | Gymnastics – Y1 lessons 1-6<br>Games – Ball Skills (Y1)  |        | Gymnastics – Y3 lessons 1-6<br>Games – Tag rugby (Y3)  |  | Swimming<br><br>Games – Football (Y5)   | Gymnastics – Y5 lessons 1-6<br>Games – Football (Y5)  |
| <b>Spring 1</b> | <b><u>When I Grow Up...</u></b><br><br>Games – Ball skills 1          | <u>Sensational Stockport.</u>  |        | <u>Globetrotters</u>   |  | <u>What a Wonderful World!</u>  |   |
|                 |   | Yoga (Y1)<br>Games – Net and Wall games (Y1)   |        | Swimming<br><br>Games – Tennis (Y3)  | Dance – Y3 A trip to... lessons 4, 5, 6<br>-Y4 The Carnival lessons 4, 5, 6<br>Games – Tennis (Y3) | Dance – Y5 Rock and Roll lessons 4, 5, 6<br>-Y5 Chinese Dance lessons 10,11,12<br>Games – Tennis (Y5) | Dance – Y5 Rock and Roll lessons 4, 5, 6<br>-Y5 Chinese Dance lessons 10,11,12<br>Games – Tennis (Y5) |
| <b>Spring 2</b> | <b><u>Who Lives Where?</u></b><br><br>Games – Ball skills 2           | Gymnastics – Y1 lessons 7-12<br>Games – Target games (Y1)  |        | Swimming<br><br>OAA (Y3)   | Gymnastics – Y3 lessons 7-12<br>OAA (Y3)   | Gymnastics – Y5 lessons 1-6<br>Games - Dodgeball (Y5)   | Gymnastics – Y5 lessons 7-12<br>Games – Dodgeball (Y5)  |
| <b>Summer 1</b> | <b><u>Growth and Change</u></b><br><br>Fundamentals 1                 | <u>Going on Safari.</u>  |        | <u>Tomb Raiders</u>  |  | <u>Rotten Romans?</u>   |   |
|                 |   | Dance – Y1 On Safari lessons 10,11,12<br>-Y2 Secret Garden lessons 1, 2, 3<br>Games – Sending and receiving games (Y1) |        | Dance –Y3 A trip to... lessons 4, 5, 6<br>-Y4 The Carnival lessons 4, 5, 6<br>Games- Rounders (Y3)     | Swimming<br><br>Games- Rounders (Y3)   | Dance – Y6 Bhangra lessons 4, 5, 6<br>-Y6 Waiting for...lessons 7, 8, 9<br>Games – Cricket (Y5)       | Dance – Y6 Bhangra lessons 4, 5, 6<br>-Y6 Waiting for...lessons 7, 8, 9<br>Games- Cricket (Y5)        |
| <b>Summer 2</b> | <b><u>Once Upon a Time...</u></b><br><br>Games – Games 1              | Fundamentals (Y1)<br>Athletics (Y1)  |        | Gymnastics –Y3 lessons 7-12<br>Athletics (Y3)  | Swimming<br><br>Athletics (Y3)   | Yoga (Y5)<br><br>Athletics (Y5)   | Fitness (Y5)<br>Athletics (Y5)  |

| 2024-2025       | <b>ABINGDON PRIMARY SCHOOL –</b><br><b>PE Yearly overview Cycle B</b> |  |        |   |  |   |                          |
|-----------------|---|--|--------|---|--|---|---|
| CURRICULUM AREA | FS  | YEAR 1   | YEAR 2 | YEAR 3  | YEAR 4   | YEAR 5  | YEAR 6  |
| <b>Autumn 1</b> | <b><u>All About Me!</u></b><br><br>Games –Intro to PE 1               | <u>Down in the Deep, Dark Woods</u>  |        | <u>Stones n Bones</u>   |  | <u>Fight for your rights</u>  |   |
|                 |   | Dance – Y1 The Lost Toy lessons 7, 8, 9<br>-Y2 Rainforest lessons 7, 8, 9<br><br>Games – Invasion games (Y2) |        | Dance – Y3 Country and western lessons 7, 8, 9<br><br>-Y4 The Spy lessons 1, 2, 3<br><br>Games – Netball (Y4) |  | <u>Year 5</u><br>Swimming<br><br>Games –Basketball (Y6)   | Yoga (Y6)<br><br>Games – Basketball (Y6)  |
| <b>Autumn 2</b> | <b><u>Festivals and Celebrations</u></b><br><br>Games – Intro to PE 2 | Gymnastics – Y2 lessons 1-6<br><br>Games – Ball skills (Y2)  |        | Gymnastics – Y4 lessons 1-6<br><br>Games – Football (Y4)  |  | Swimming<br><br>Games – Tag Rugby (Y6)  | Gymnastics – Y6 lessons 1-6<br><br>Games – Tag rugby(Y6)  |
| <b>Spring 1</b> | <b><u>When I Grow Up...</u></b><br><br>Games – Ball skills 1          | <u>Amazing Adventurers</u>   |        | <u>Extreme Earth</u>  |  | <u>Time travellers</u>  |   |
|                 |   | Dance – Y1 Weather lessons 1,2,3<br><br>-Y2 Circus lessons 4, 5, 6<br><br>Games – Net and wall games (Y2)    |        | Swimming<br><br>Games – Tennis (Y4)   | Dance – Y3 Superpowers lessons 10,11,12<br>-Y4 The Twist lessons 10,11,12<br>Games – Tennis (Y4) | Dance –Y5 Ancient Maya lessons 7, 8, 9<br><br>-Y5 Dance by Chance lessons 1, 2, 3<br><br>Games -Tennis (Y6) | Dance –Y5 Ancient Maya lessons 7, 8, 9<br><br>-Y5 Dance by Chance lessons 1, 2, 3<br><br>Games -Tennis (Y6) |
| <b>Spring 2</b> | <b><u>Who Lives Where?</u></b><br><br>Games – Ball skills 2           | Gymnastics – Y2 lessons 7-12<br><br>Games – Target games (Y2)  |        | Swimming<br><br>Games – Dodgeball (Y4)  | Gymnastics –Y4 lessons 7-12<br><br>Games – Dodgeball (Y4)  | Gymnastics –Y6 lessons 1-6<br><br>OAA (Y6)  | Gymnastics – Y6 lessons 7-12<br><br>OAA (Y6)  |
| <b>Summer 1</b> | <b><u>Growth and Change</u></b><br><br>Fundamentals 1                 | <u>A Taste of India</u>  |        | <u>Mad as a Hatter</u>  |  | <u>A Better Tomorrow</u>  |   |
|                 |   | Yoga (Y2)<br><br>Games – Striking and fielding games (Y2)  |        | Dance - Dance – Y3 Superpowers lessons 10,11,12<br>-Y4 The Twist lessons 10,11,12<br>Games – Cricket (Y4)     | <u>Year 3/4 &amp; 4</u><br><br>Swimming<br><br>Games – Cricket (Y4)                              | Dance - Y6 Stamp, clap lessons 1, 2, 3<br>-Y6 70's disco lessons 10, 11, 12<br><br>Games – Rounders (Y6)    | Fitness (Y6)<br><br>Games – Rounders(Y6)  |
| <b>Summer 2</b> | <b><u>Once Upon a Time...</u></b><br><br>Games – Games 1              | Fundamentals (Y2)<br><br>Athletics (Y2)  |        | Gymnastics – Y4 lessons 7-12<br><br>Athletics (Y4)  | Swimming<br><br>Athletics (Y4)   | Yoga (Y6)<br><br>Athletics (Y6)   | Dance -Y6 Stamp, clap lessons 1, 2, 3<br>-Y6 70's disco lessons 10, 11, 12<br><br>Athletics (Y6)            |